



# February 2010

Start your day with a healthy breakfast!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>More Info...</b>  <u><b>Breakfast Prices:</b></u> <b>Paid: \$1.75</b> <b>Reduced: \$.30</b> <b>Free: No Pay</b>  <u><b>Did you know</b></u> <b>If you receive free or reduced lunch, you also receive free or reduced breakfast.</b>  <u><b>Available Daily</b></u>  <b>Assorted Cereals</b> <b>Cereal Bars</b> <b>Fresh Fruit</b> <b>Juice Selection</b>  <b>* Entrée contains pork or pork products.</b>  <b>Questions, Comments or Concerns? Call the Aramark Office at 815-547-4063.</b>
<b>1</b> Sausage & Egg Muffin Cinnamon Roll Mandarin Oranges Milk Selection	<b>2</b> French Toast Sticks w/ Sausage & Syrup Sausage & Cheese Burrito Fresh Apple Milk Selection	<b>3</b> Sausage & Cheese Biscuit Tony's Breakfast Pizza Pineapple Chunks Milk Selection	<b>4</b> Pancakes w/ Syrup Sausage Patty Cinnamon Roll Diced Peaches Milk Selection	<b>5</b> Ham & Cheese Muffin* Egg & Cheese Bagel Mixed Fruit Cup Milk Selection	
<b>8</b> Egg & Cheese Muffin French Toast Sticks w/ Ham Slice* & Syrup Fresh Apple Milk Selection	<b>9</b> Ham & Egg Bagel* Cheese Omelet w/ Biscuit Mandarin Oranges Milk Selection	<b>10</b> Sausage & Cheese Biscuit Tony's Breakfast Pizza Diced Pears Milk Selection	<b>11</b> Egg & Cheese Burrito Ham & Cheese Muffin* Mixed Fruit Cup Milk Selection	<b>12</b> No School  School Improvement Day	
<b>15</b> No School  Presidents Day	<b>16</b> Ham & Egg Biscuit* French Toast Sticks w/ Sausage Patty & Syrup Pineapple Chunks Milk Selection	<b>17</b> Sausage & Egg Muffin Ham & Egg Burrito* Mandarin Oranges Milk Selection	<b>18</b> Egg & Cheese Bagel Cinnamon Roll Diced Peaches Milk Selection	<b>19</b> Tony's Breakfast Pizza Pancakes w/ Syrup Ham Slice* Diced Pears Milk Selection	
<b>22</b> Cheese Omelet w/ Biscuit Sausage & Cheese Muffin Mixed Fruit Cup Milk Selection	<b>23</b> Tony's Breakfast Pizza Ham & Egg Biscuit* Fresh Orange Milk Selection	<b>24</b> Sausage & Cheese Burrito Egg & Cheese Bagel Pineapple Chunks Milk Selection	<b>25</b> Sausage & Egg Muffin Cinnamon Roll Diced Peaches Milk Selection	<b>26</b> Ham & Cheese Biscuit* Pancakes w/ Syrup and Ham Slice* Mandarin Oranges Milk Selection	
<b>1</b> French Toast Sticks w/ Ham Slice* & Syrup Ham & Cheese Muffin* Diced Pears Milk Selection	<b>2</b> Egg & Cheese Burrito Cinnamon Roll Mixed Fruit Cup Milk Selection	<b>3</b> Sausage & Egg Biscuit Cheese Omelet w/ Biscuit Diced Peaches Milk Selection	<b>4</b> Tony's Breakfast Pizza Pancakes w/ Syrup & Ham Slice* Fresh Apple Milk Selection	<b>5</b> Egg & Cheese Bagel Sausage & Cheese Biscuit Pineapple Chunks Milk Selection	

## Belvidere Middle School Breakfast Menu



### Special News...

Fruit of the Month: Cherries  
 Vegetable of the Month: Spinach

Menus are subject to change without notice.

